



Case Code
10348

Pack & Size
12 / 9.75 OZ. CAN(S)



Enjoy a delicious shortcut to your favorite chicken dishes with Swanson® White Premium Chunk Canned Chicken Breast in Water. Our ready-to-eat, fully cooked chicken chunks contain no antibiotics or added MSG. This premium white chicken meat is 98% fat free, gluten free and an excellent source of protein, with 15 grams in each 3-ounce serving. Eat it on crackers, add it to salads, or use it in any recipe that calls for diced chicken breast.

Nutrition Facts	
About 2.5 Servings Per Container	
Serving size	3 oz. Drained (85g)
Amount per serving	
Calories	80
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0.5g	
Cholesterol 65mg	22%
Sodium 390mg	17%
Total Carbohydrate <1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 15g	30%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.3mg	2%
Potassium 150mg	4%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Nutrition Facts are based on our current data. However, because the data may change from time to time, this information may not always be identical to the Nutrition Facts table found on the labels of products.	

FEATURES AND BENEFITS

- ✓ Twelve (12) 9.75 oz cans of Swanson® White Premium Chunk Canned Chicken Breast in Water
- ✓ Ready-to-eat, fully cooked chicken chunks
- ✓ Premium white chicken meat with no antibiotics or added MSG
- ✓ 98% fat free, gluten free and an excellent source of protein, with 15 grams in each 3-ounce serving
- ✓ Eat it on crackers, add it to salads, or use it in any recipe that calls for diced chicken breast, such as buffalo chicken dip or chicken salad

PREPARATION

HANDLING

Min Product Lifespan from Production: 730 Days. Minimum Temperature: 65 Fahrenheit. Maximum Temperature: 80 Fahrenheit.

STORAGE

Shelf Life: 730 Days
Storage Temperature: 65 - 80 °F

SERVING IDEAS

Mix with condiment or sauce to create a dish

INGREDIENTS

WHITE CHICKEN BREAST WITH RIB MEAT, WATER, CONTAINS LESS THAN 2% OF: SALT, MODIFIED FOOD STARCH, RICE STARCH, SODIUM PHOSPHATE.

PACKAGING DETAILS

Pack & Size: 12 / 9.75 OZ. CAN(S)	Case Weight: 9.004 LB	UPC: 51000103489
Cube: 0.232 FT	Case Size: 12.438 IN x 8.250 IN x 3.911 IN (L x W x H)	SCC-14: 10051000103489

DIETARY NEEDS

100 Calories or Less Per Serving; Sodium 141-480 mgs Per Serving; No Added Sugars; Gluten Free