



Total Time  
**5 MIN.**

Serving & Size  
**1-1/2 CUPS (12 FL OZ)**

Difficulty  
**EASY**

Mixed berries, banana, yogurt and V8 V-Fusion make this smoothie a customer favorite no matter what age group.

Yields  
**24**

<b>Nutrition Facts</b>	
Serving Size	1-1/2 CUPS (12 FL OZ)
<b>Amount Per Serving</b>	
<b>Calories</b> 300	
	<b>% Daily Value</b>
<b>Total Fat</b> 1.9g	<b>3%</b>
<b>Saturated Fat</b> 1.1g	<b>6%</b>
<b>Cholesterol</b> 6mg	<b>2%</b>
<b>Sodium</b> 119mg	<b>5%</b>
<b>Total Carbohydrate</b> 65.4g	<b>22%</b>
<b>Dietary Fiber</b> 6.1g	<b>24%</b>
<b>Protein</b> 7.8g	<b>16%</b>
Vitamin A 13%	Vitamin C 44%
Calcium 18%	Iron 6%

<b>INGREDIENTS</b>	<b>WEIGHT</b>	<b>MEASURE</b>
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<b>V8 V-Fusion® Acai Mixed Berry</b>		3 qt.
vanilla low fat yogurt	104 oz.	3 qt.
frozen mixed berries (blueberries, raspberries, strawberries)	59 oz.	3 qt.
banana, medium, peeled	100 oz.	24 ea.
blueberries	1 oz.	1/4 cups
mint, individual sprig(s)		24 ea.

**INSTRUCTIONS**

- For Each Serving:** In a blender combine 1/2 cup juice, 1/2 cup yogurt, 1/2 cup frozen berries and 1 peeled banana; blend on high speed until smooth, about 1 minute. CCP: Serve beverage chilled to below 40 °F.
- Pour into a 16-oz. glass and garnish with mint and/or fresh berries, if desired.

**TIP**

Other frozen fruits may be substituted including: peaches, nectarines, plums, cherries, mangoes, papaya, etc.