

BRAISED GARLIC-PARMESAN CHICKEN & POTATOES MADE WITH CAMPBELL'S® CONDENSED CREAM OF CHICKEN SOUP



Total Time
45 MIN.


Serving & Size
(SERVING)

Difficulty
EASY


Braised chicken with sautéed garlic, onions, herbs, roasted potatoes simmered in a creamy Dijon, spinach, and parmesan cheese sauce.

Yields
24

Nutrition Facts	
Serving Size	(SERVING)
Amount Per Serving	
Calories 366	
	% Daily Value
Total Fat 18.1g	28%
Saturated Fat 5.5g	28%
Cholesterol 183mg	61%
Sodium 713mg	30%
Total Carbohydrate 12.4g	4%
Dietary Fiber 0.9g	4%
Protein 35.4g	71%
Vitamin A 8%	Vitamin C 7%
Calcium 7%	Iron 11%

 **TIP**
Serve with marinated tomatoes and sautéed green beans.

INGREDIENTS	WEIGHT	MEASURE
-------------	--------	---------

canola oil		3 tbsp.
boneless, skinless chicken thigh, yield from 1 ounce raw		160
onion, sliced	9 oz.	2 cups
garlic, peeled, chopped fine		1 tbsp.
Dijon-style mustard	4 oz.	6 tbsp.
Swanson® Natural Goodness® Chicken Broth		2 cups
fresh thyme leaves, chopped		1 1/2 tsp.
fresh Italian parsley, chopped		2 tbsp.
baby red potatoes, quartered	41 oz.	6 cups
 Campbell's® Condensed Cream of Chicken Soup , 50 oz ea		1 cans
light cream		1 cups
spinach, large cut	7 oz.	3 cups
Parmesan cheese, shredded	6 oz.	1 1/4 cups

BRAISED GARLIC-PARMESAN CHICKEN & POTATOES MADE WITH CAMPBELL'S® CONDENSED CREAM OF CHICKEN SOUP



INSTRUCTIONS

1. Heat large pot over high heat. Add olive oil and chicken. Sear each piece on both sides until golden brown, about 5 minutes. Reserve
2. Using same pan, sauté onion and garlic. Cook for 3 minutes.
3. Add Dijon, Swanson® Natural Goodness Chicken Broth, herbs and potatoes. Reduce heat and simmer for 15 minutes.
4. Add Campbell's® Cream of Chicken Soup and cream. Simmer for 10 minutes
5. Add seared chicken thighs and spinach. Simmer for additional 5 minutes.
6. Top with cheese.

CCP: Heat to a minimum internal temperature of 165°F for 1 minute.
CCP: Hold for hot service at 140°F or higher until needed.

6. To Serve: Portion 2 chicken thighs and top with 1 cup (8 oz. ladle). Serve immediately.