





Nutrition Facts	
	SERVING (5 OZ STEAK +
Serving Size	1/3 C RELISH + 1/4 C
	SAUCE)
Amazona Dan Camaina	
Amount Per Serving	
Calories 412	
	% Daily Value
Total Fat 19.8g	30%
Saturated Fat 5.7g	29%
Cholesterol 107mg	36%
Sodium 767mg	32%
Total Carbohydrate 21.3g	7%
<b>Dietary Fiber</b> 4.6g	18%
Protein 37.2g	74%
Vitamin A %	Vitamin C 37%
Calcium 5%	Iron 30%



48 ounces raw beef used in recipe.

### Total Time 130 MIN.

## Difficulty MEDIUM

INCOLDIENTS

Yields

### Serving & Size

# SERVING (5 OZ STEAK + 1/3 C RELISH + 1/4 C SAUCE)

A traditional Mexican must-have, this dish is made with marinated steak garnished with corn relish and ancho chili tomato sauce.

INGREDIENTS	WEIGHT	MEASURE
beef skirt steak	3 lb.	48
kosher salt		1 tsp.
black pepper, ground		1/2 tsp.
ancho chili powder		1 tbsp.
olive oil		1 tbsp.
onion, sliced	9 oz.	2 cups
garlic, peeled, chopped	1 oz.	11/2 tbsp.
V8 <sup>®</sup> Spicy Hot Vegetable Juice		2 cups
whole roasted tomatoes	16 oz.	2 cups
ancho chili powder		1 tbsp.
black pepper		1/8 tsp.
frozen roasted corn	11 oz.	2 cups
red onion, grilled, diced	7 oz.	11/4 cups
lime juice		1/4 cups
olive oil		1 tbsp.
kosher salt		1/4 tsp.
black pepper, ground		1/8 tsp.
green onion, grilled, 1-inch long	2 oz.	1/4 cups



### CARNE ASADA MADE WITH V8® SPICY HOT VEGETABLE JUICE



### **INSTRUCTIONS**

To Prepare Steak:

- 1. Season steak with salt, pepper and ground ancho pepper. Marinate for 1 hour in refrigerator.
- 2. Cook steak on a hot grill to desired temperature.

CCP: Heat to a minimum internal temperature of 158°F for 1 minute.

To Prepare Tomato Sauce:

- 1. In a medium size pot heat olive oil. Sauté onions and garlic. Cook for 5 minutes.
- 2. Add V8 $^{\circ}$  Spicy Hot Vegetable Juice and tomatoes. Simmer for 25 minutes on low heat.
- 3. Add ground ancho pepper and black pepper. Let simmer for 10 more minutes.
- 4. Puree mixture in blender until smooth. Reserve.

CCP: Hold for hot service at 140°F or higher until needed.

To Prepare Corn Relish:

1. In a medium mixing bowl, add roasted corn, diced grilled red onions, lime juice, olive oil, salt, pepper. Mix thoroughly. Reserve.

To Serve:

- 1. Using a #12 scoop, portion 1/3 cup corn relish in center of round dinner plate.
- 2. Using tongs, top with 1 steak (about 4.5 ounces).
- 3. Using a 2-oz. ladle, drizzle ¼ cup sauce around dish.
- 4. Using a scant # 100 scoop, garnish with about 1-1/2 teaspoons grilled onions. Serve immediately