



Total Time  
**5 MIN.**

Serving & Size  
**SERVING (SEE INSTRUCTIONS)**


Difficulty  
**EASY**

Add variety to your breakfast menu with this grab-and-go reimbursable breakfast option with Goldfish® Giant Grahams Baked with Whole Grain Vanilla.

Yields  
**1**


Nutrition Facts	
Serving Size	SERVING (SEE INSTRUCTIONS)
<b>Amount Per Serving</b>	
<b>Calories</b> 448	
<b>% Daily Value</b>	
<b>Total Fat</b> 9.5g	<b>15%</b>
<b>Saturated Fat</b> 2.6g	<b>13%</b>
<b>Cholesterol</b> 192mg	<b>64%</b>
<b>Sodium</b> 364mg	<b>15%</b>
<b>Total Carbohydrate</b> 73.2g	<b>24%</b>
<b>Dietary Fiber</b> 3g	<b>12%</b>
<b>Protein</b> 17.1g	<b>34%</b>
Vitamin A 9%	Vitamin C 103%
Calcium 36%	Iron 21%

**INGREDIENTS** **WEIGHT** **MEASURE**

	<b>Pepperidge Farm® Giant Goldfish® Grahams Made with Whole Grain Vanilla</b> , 0.9 oz each	1 ea.
	hard cooked egg	1 ea.
	strawberries, sliced	1/2 cups
	orange juice	4 fl oz.
	fat free chocolate milk	8 fl oz.

**INSTRUCTIONS**

Pair *Goldfish*® Giant Grahams Baked with Whole Grain Vanilla (1 oz grain equivalence) with 1/2 cup of strawberries, 1 hard-boiled egg, 4 oz 100% orange juice and 8 oz of non-fat chocolate milk to form a reimbursable breakfast. Packaging it all the elements into a disposable container to make it a grab-and-go option.

 **TIP**

Combo Variations:  
 0.75 ounce Goldfish® Giant Grahams Baked with Whole Grain (any variety)  
 1/2 cup fruit  
 4 oz. juice  
 1 M/MA  
 8 oz. low fat milk