



Total Time
50 MIN.

Serving & Size
1 CUP (8 FL OZ)

Difficulty
EASY

Yields
64

Fun and creative- this soup is perfect for K-12 and Children's Hospitals. Campbell's® Healthy Request® Condensed Cream of Chicken Soup combined with peas, spinach, onions, Swiss and Parmesan cheese makes a delicious, cheesy soup that all kids will love. Garnished with Pepperidge Farm® Cheddar crackers to create the effect of fish swimming in their lagoon (soup).

Nutrition Facts	
Serving Size	1 CUP (8 FL OZ)
Amount Per Serving	
Calories 183	
	% Daily Value
Total Fat 7.9g	12%
Saturated Fat 3.3g	17%
Cholesterol 18mg	6%
Sodium 434mg	18%
Total Carbohydrate 18.3g	6%
Dietary Fiber 2.4g	10%
Protein 8.6g	17%
Vitamin A 16%	Vitamin C 5%
Calcium 14%	Iron 6%

INGREDIENTS

	WEIGHT	MEASURE
 Campbell's® Healthy Request® Condensed Cream of Chicken Soup, 50 oz ea		3 cans
water, full 50 oz soup can	150 oz.	3 cans
frozen peas, thawed	3 lb.	9 cups
frozen spinach, thawed, drained	2 lb.	11 cups
onion, chopped	6 oz.	11/2 cups
Swiss cheese, shredded	2 lb.	11/2 qt.
Parmesan cheese, grated	9 oz.	3 cups
Pepperidge Farm® Goldfish® Made with Whole Grain Cheddar	32 oz.	

INSTRUCTIONS

1. Pour soup into saucepot.
2. Add 1/2 soup can water to blender. Add peas, spinach and onions. Cover and puree. Set aside.
3. Add remaining water and pureed vegetables to saucepot. Heat to a boil.CCP: Heat until internal temperature is 165°F. or higher for 15 seconds.
4. Remove from heat. Add cheeses and stir until melted.
CCP: Hold at 140°F. or higher. Portion using 8-oz. ladle (1 cup). Garnish each with 1/2 oz Pepperidge Farm® Goldfish Crackers.