



Total Time
2 MIN.

Serving & Size
SERVING (SEE INSTRUCTIONS)

Difficulty
EASY

A complete reimbursable afterschool snack featuring Goldfish® made with Whole Grain French Toast Grahams and Strawberry Banana V8 Fusion®.

Yields
1

Nutrition Facts	
Serving Size	SERVING (SEE INSTRUCTIONS)
Amount Per Serving	
Calories 223	
	% Daily Value
Total Fat 4.5g	7%
Saturated Fat 1g	5%
Cholesterol 0mg	0%
Sodium 215mg	9%
Total Carbohydrate 44.4g	15%
Dietary Fiber 2g	8%
Protein 2g	4%
Vitamin A 19%	Vitamin C 21%
Calcium 3%	Iron 7%

INGREDIENTS **WEIGHT** **MEASURE**



Goldfish® Grahams Baked with Whole Grain French Toast, 1 ounce

1 ea.



V8 V-Fusion® Strawberry Banana, 8 fl. oz.can

1 ea.

INSTRUCTIONS

Pair **Goldfish® Grahams Baked with Whole Grain French Toast** and **V8 V-Fusion® Strawberry Banana** for a delicious snack.