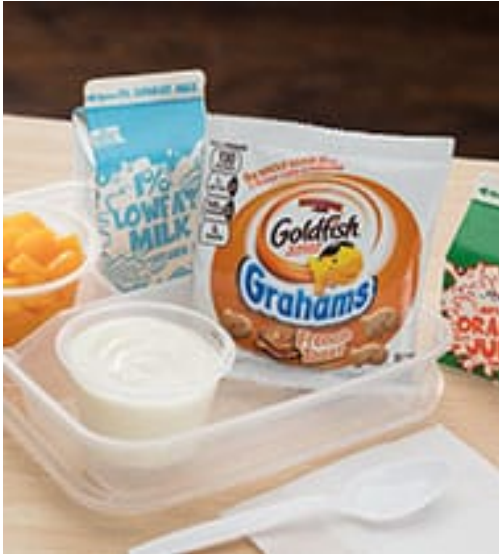


JUST PEACHY FRENCH TOAST PARFAIT GOLDFISH® GRAHAMS BAKED WITH WHOLE GRAIN FRENCH TOAST



Total Time
5 MIN.


Serving & Size
SERVING (SEE INSTRUCTIONS)

Difficulty
EASY

Yields
1

This breakfast combo pairs Goldfish® Grahams Baked with Whole Grain French Toast with peaches and yogurt to kick start the day! Goldfish® Grahams Baked with Whole Grain French Toast gives the yogurt parfait the perfect crunch and sweetness. This combo is reimbursable and can be packaged into a convenient grab-and-go format.

Nutrition Facts	
Serving Size	SERVING (SEE INSTRUCTIONS)
Amount Per Serving	
Calories 436	
	% Daily Value
Total Fat 8.6g	13%
Saturated Fat 3.5g	18%
Cholesterol 18mg	6%
Sodium 335mg	14%
Total Carbohydrate 74.3g	25%
Dietary Fiber 2.8g	11%
Protein 17.4g	35%
Vitamin A 19%	Vitamin C 49%
Calcium 42%	Iron 8%

INGREDIENTS	WEIGHT	MEASURE
vanilla low fat yogurt	4 oz.	1/2 cups
canned peaches in light syrup, diced		1/2 cups
 Goldfish® Grahams Baked with Whole Grain French Toast		1 pkg.
low fat (1%) milk		8 fl oz.
orange juice		4 fl oz.

INSTRUCTIONS
Pair **Goldfish®** Grahams Baked with Whole Grain Honey Bun (1 oz grain equivalence) with 1/2 cup of peaches, 1/2 cup of low-fat yogurt, 4 oz 100% orange juice and 8 oz of low-fat milk to form a reimbursable breakfast. Packaging it all the elements into a disposable container to make it a grab-and-go option.