



Total Time
30 MIN.

Serving & Size
SERVING (1-1/2 8 OZ LADLE, 1-1/2 CUP SOUP)

Difficulty
MEDIUM

Yields
12

Bring creative and classic flavors to your K-12 menu with this Italian- inspired soup made with Campbell's® Healthy Request® Condensed Tomato Soup, Jennie-O® All Natural Ground Turkey and Dannon® All Natural Plain Nonfat Yogurt.

Nutrition Facts	
Serving Size	SERVING (1-1/2 8 OZ LADLE, 1-1/2 CUP SOUP)
Amount Per Serving	
Calories 277	
	% Daily Value
Total Fat 5.6g	9%
Saturated Fat 1.8g	9%
Cholesterol 53mg	18%
Sodium 475mg	20%
Total Carbohydrate 36.2g	12%
Dietary Fiber 2.9g	12%
Protein 19.7g	39%
Vitamin A 4%	Vitamin C 14%
Calcium 5%	Iron 28%

INGREDIENTS

WEIGHT

MEASURE

cooked whole grain rotini (spiral) pasta, drained 6 cups



Campbell's® Healthy Request® Condensed Tomato Soup, 50 oz ea

1 cans

water 50 fl oz.

Jennie-O® All Natural Ground Turkey Thigh 32 oz.

basil leaves, dried 1 1/2 tsp.

Parmesan cheese, grated 4 tbsp.

Dannon® All Natural Plain Nonfat Yogurt 4 tbsp.

INSTRUCTIONS

1. Cook pasta according to manufacturer's directions. Drain, set aside.
2. In large pot, add soup, water and turkey. Bring to a boil and reduce to a simmer for 10 minutes until turkey is cooked.
CCP: Heat to a minimum internal temperature of 165°F for 1 minute.
3. Add, basil, cooked pasta, cheese, and yogurt. Simmer for about 5 minutes.
4. Portion 1-1/2 cups of soup (THREE 4- oz. ladlefuls), into a 12 oz. serving bowl.
CCP: Hold for hot service at 140°F or higher until needed.



TIP

Pasta used in recipe can be cooked and stored in refrigerator the day before. CCP: Hold for cold service at 41°F until needed.

Any type of whole grain pasta can be used in this recipe.