



Total Time
NOT AVAILABLE

Serving & Size
1 EACH

Difficulty
EASY

It's an unexpected fun twist on croutons when you top a salad with Goldfish® made with Whole Grain Cheddar – made with 100% real cheese!

Yields
24

Nutrition Facts	
Serving Size	1 EACH
Amount Per Serving	
Calories 281	
% Daily Value	
Total Fat 10.4g	16%
Saturated Fat 4.1g	21%
Cholesterol 84mg	28%
Sodium 601mg	25%
Total Carbohydrate 22.9g	8%
Dietary Fiber 5g	20%
Protein 22.1g	44%
Vitamin A 39%	Vitamin C 6%
Calcium 10%	Iron 17%

INGREDIENTS	WEIGHT	MEASURE
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Pepperidge Farm® Goldfish® Made with Whole Grain Cheddar	18 oz.	
romaine lettuce, chopped		3 gallons
reduced fat creamy Caesar dressing		1 1/2 qt.
unseasoned chicken strips, cooked, frozen	5 lb.	
Parmesan cheese		1 1/2 cups

INSTRUCTIONS

To assemble each salad:

1. Portion 3/4 oz (55 pieces) of *Goldfish* crackers into 4 fl oz cups.
2. In large mixing bowl, combine Romaine lettuce and Caesar salad dressing.
3. Measure out 2- 8 oz spoodles and place 2 cups of Romaine lettuce with the dressing onto each plate or into each serving container.
4. Top each salad with 2.5 oz sliced grilled chicken, and 1 tsp. Parmesan cheese.
5. Put on cup filled with Goldfish crackers on the side.
6. CCP: Cover and refrigerate at 41 degrees F until ready to serve.

Alternative presentation: Offer the recipe ingredients on a self service salad bar to enable students to assemble their entrees start to finish on their own.

TIP

One serving provides 1 oz equiv grains, meat/meat alternate, 1 cup vegetables (1 cup dark green)

For a complete reimbursable meal for students in grades K-5, offer this menu idea with 1/2 cup fruit and 8 oz of milk.