



Total Time
50 MIN.

Serving & Size
1 CUP

Difficulty
EASY

Common ingredients--vegetable beef soup, ground beef, corn, rice and Cheddar cheese--make an uncommon encounter, with chunky salsa, for a dish that satisfies.

Yields
25

Nutrition Facts	
Serving Size	1 CUP
Amount Per Serving	
Calories 370	
	% Daily Value
Total Fat 10.7g	16%
Saturated Fat 4g	20%
Cholesterol 51mg	17%
Sodium 1280mg	53%
Total Carbohydrate 49.9g	17%
Dietary Fiber 5.5g	22%
Protein 19.4g	39%
Vitamin A 12%	Vitamin C 2%
Calcium 5%	Iron 18%

INGREDIENTS

	WEIGHT	MEASURE
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Campbell's® Classic Vegetable Beef Soup, 50 oz ea

50 oz.

1 cans

water

1/2 cups

80% lean ground beef, cooked, drained

3 lb.

frozen whole kernel corn

1 qt.



Pace® Chunky Salsa- Mild

3 qt.

cooked white rice

12 1/2 cups

Cheddar cheese, optional

INSTRUCTIONS

1. Mix soup and water

2. Add cooked ground beef, corn and salsa. Heat over medium high heat, stirring occasionally. CCP: Heat until internal temperature is 165°F. or higher for 15 seconds.

CCP: Hold at 140°F. or higher. Portion using 8-oz. ladle (1 cup) over 1/2 cup rice. Sprinkle with shredded Cheddar cheese if desired.