



Total Time
95 MIN.

Serving & Size
1/2 CUP



Difficulty
MEDIUM

Yields
100

Campbell's® Healthy Request® Condensed Tomato Soup and Swanson® Chicken Broth combine with onions, green peppers, garlic, and red pepper to make this perfect rice side dish.


Nutrition Facts	
Serving Size	1/2 CUP
Amount Per Serving	
Calories 129	
% Daily Value	
Total Fat 0.4g	1%
Saturated Fat 0.1g	1%
Cholesterol 0mg	0%
Sodium 154mg	6%
Total Carbohydrate 28g	9%
Dietary Fiber 0.7g	3%
Protein 2.7g	5%
Vitamin A 1%	Vitamin C 8%
Calcium 1%	Iron 8%

INGREDIENTS **WEIGHT** **MEASURE**

long grain white rice, unprepared	7 lb.	
onion, chopped	2 lb.	1 1/2 qt.
green pepper, chopped		1 qt.
 Campbell's® Healthy Request® Condensed Tomato Soup , 50 oz ea	50 oz.	1 cans
 Swanson® Chicken Broth , 49 1/2 ounce can	99 oz.	2 cans
water		1 gallons
garlic, peeled, minced		1/4 cups
ground red pepper		2 tbsps.

INSTRUCTIONS

1. In each of three baking pans (12x20x2) evenly divide rice, onions and green peppers.
2. Mix soup, broth, water, garlic and red pepper. Pour 3 quarts soup mixture into each pan. Cover.
3. Bake at 350° F. CCP: Bake until internal temperature is 165° F. or higher for 15 seconds, about 1 hour. Uncover. Bake 15 minutes more or until rice is tender and most of liquid is absorbed.
4. CCP: Hold at 140° F. or higher. Portion using No. 8 scoop (1/2 cup).

 **TIP**

This recipe meets Partnership for a Healthier criteria for overall cafeteria and general menu offerings (a la carte side dishes).