

SUNBUTTER & JELLY BISTRO LUNCH BOX WITH GOLDFISH MADE WITH WHOLE GRAIN CHEDDAR



Total Time
10 MIN.

Serving & Size
SERVING (SEE INSTRUCTIONS)

Difficulty
EASY

A sunbutter and jelly bagel combo is quick to assemble for grab-and-go convenience. Include Goldfish® made with Whole Grain Cheddar to bring the smile factor!

Yields
1

INGREDIENTS

WEIGHT

MEASURE

sunflower seed butter	2 oz.	
grape jelly, individual		1 packets
whole grain bagel, 1 ounce		1 ea.
part skim string cheese stick, 1 oz stick(s)		1 ea.
baby carrots		3/8 cups
celery		3/8 cups
Pepperidge Farm® Goldfish® Baked with Whole Grain Cheddar , 0.75 oz pouch		1 ea.
apple		1 ea.
low fat chocolate milk		1/2 pt.

INSTRUCTIONS

1. If sunflower butter is not pre-portioned, portion 2 ounces in a container with lid.
2. Portion carrots and celery in sealable bags or in a container with lid.
3. Assemble lunch items into a compartment container, giving each ingredient its own space, serve immediately.

CCP: Hold for cold service at 41°F until needed.

Nutrition Facts

Serving Size	SERVING (SEE INSTRUCTIONS)	
Amount Per Serving		
Calories 957		
	% Daily Value	
Total Fat 47.5g		73%
Saturated Fat 8.3g		42%
Cholesterol 36mg		12%
Sodium 933mg		39%
Total Carbohydrate 105.8g		35%
Dietary Fiber 11.1g		44%
Protein 45.3g		91%
Vitamin A 141%	Vitamin C 18%	
Calcium 52%	Iron 26%	



TIP

For away from school distribution, portion bulk foods separately in sealed bags or containers. Assemble all recipe items in a bag with preparation instructions where needed.

Please follow CDC and local authority guidelines when preparing and distributing food away from school.