



Total Time
50 MIN.

Serving & Size
1 CUP

Difficulty
EASY

Yields
50

Campbell's® Condensed Tomato Soup combines with flavors from ground beef, onions, corn, tomatoes, beans, green chilies and Monterey Jack cheese. Quick and easy, this hearty stew is ready in less than an hour.

Nutrition Facts	
Serving Size	1 CUP
Amount Per Serving	
Calories 412	
% Daily Value	
Total Fat 18.9g	29%
Saturated Fat 7.2g	36%
Cholesterol 77mg	26%
Sodium 1134mg	47%
Total Carbohydrate 31.5g	11%
Dietary Fiber 3.8g	15%
Protein 27.1g	54%
Vitamin A 6%	Vitamin C 11%
Calcium 12%	Iron 20%

INGREDIENTS

WEIGHT

MEASURE

85% lean ground beef

8 lb.



Campbell's® Condensed Tomato Soup, 50 oz ea

100 oz.

2 cans

water

5 cups

onion, chopped

2 1/2 cups

whole kernel corn, undrained

7 cups

diced tomatoes, undrained

7 cups

pinto beans, rinsed, drained

7 oz.

taco seasoning mix, dry

1 1/2 cups

green chiles, drained, chopped

2 cups

Monterey Jack cheese, shredded

6 cups

tortilla chips

2 lb.

INSTRUCTIONS

1. Cook beef in large saucepot until browned. Drain off fat.

2. Add soup, water, onion, corn, tomatoes, beans, taco seasoning and chiles. Heat to a boil. Reduce heat and simmer.CCP: Heat until internal temperature is 165°F. or higher for 15 seconds.

CCP: Hold at 140°F. or higher. Portion using 8-oz. ladle (1 cup). Top with cheese and tortilla chips.