

# TOMATO AND CARROT SOUP WITH GINGER (MADE WITH HEALTHY REQUEST CONDENSED TOMATO SOUP)



Total Time  
**NOT AVAILABLE**

Serving & Size  
**1 CUP (8 FL OZ)**

Difficulty  
**EASY**

Try this remarkably simple soup recipe when you're looking to add a new twist to your tomato soups! Made with Campbell's® Healthy Request® Condensed Tomato Soup.

Yields  
**12**

<b>Nutrition Facts</b>	
Serving Size	1 CUP (8 FL OZ)
<b>Amount Per Serving</b>	
<b>Calories</b> 139	
	% Daily Value
<b>Total Fat</b> 1.2g	<b>2%</b>
<b>Saturated Fat</b> 0g	<b>0%</b>
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 453mg	<b>19%</b>
<b>Total Carbohydrate</b> 29.4g	<b>10%</b>
<b>Dietary Fiber</b> 2g	<b>8%</b>
<b>Protein</b> 3.2g	<b>6%</b>
Vitamin A 134%	Vitamin C 24%
Calcium 3%	Iron 5%

INGREDIENTS	WEIGHT	MEASURE
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**Campbell's® Healthy Request® Condensed Tomato Soup**, 50 oz ea

50 oz. 1 cans

carrot juice, fluid ounce 52 oz. 6 1/2 cups

ginger root, peeled, sliced into coins 2 oz. 12 ea.

### INSTRUCTIONS

1. Combine Tomato Soup, Carrot Juice and ginger in a gallon stock pot.
2. Bring to simmer for 3 to 5 minutes.
3. Strain to remove ginger.
4. *CCP: Hold for hot service at 140° F.*
5. Serve each portion with an 8 oz ladle (1 cup)