

## VEGGIE GOOD HUMMUS BISTRO BOX WITH GOLDFISH®



Total Time  
**10 MIN.**

Serving & Size  
**SERVING (SEE INSTRUCTIONS)**

Difficulty  
**EASY**

Yields  
**1**

Kids will love the colorful dipping options in this reimbursable combo. Served with Goldfish® made with Whole Grain Pretzels and Goldfish® made with Whole Grain Colors – with colors sourced from plants! – this delightful meal can be packaged into a convenient grab-and-go format.

### Nutrition Facts

Serving Size	SERVING (SEE INSTRUCTIONS)	
<b>Amount Per Serving</b>		
<b>Calories</b> 733		
	% Daily Value	
<b>Total Fat</b> 28.4g		<b>44%</b>
<b>Saturated Fat</b> 5.6g		<b>28%</b>
<b>Cholesterol</b> 12mg		<b>4%</b>
<b>Sodium</b> 1044mg		<b>44%</b>
<b>Total Carbohydrate</b> 98.9g		<b>33%</b>
<b>Dietary Fiber</b> 11.4g		<b>46%</b>
<b>Protein</b> 21.8g		<b>44%</b>
Vitamin A 28%	Vitamin C 79%	
Calcium 33%	Iron 34%	



#### TIP



For away from school distribution, portion bulk foods separately in sealed bags or containers. Assemble all recipe items in a bag with preparation instructions where needed.

Please follow CDC and local authority guidelines when preparing and distributing food away from school.

### INGREDIENTS

### WEIGHT

### MEASURE

hummus	2 oz.	
roasted garlic-flavored hummus	2 oz.	
red bell pepper, sliced		3/8 cups
celery, cut into 2-inch pieces		1/4 cups
 <b>Pepperidge Farm® Goldfish® Made with Whole Grain Pretzel</b> , 0.75 ounce(s)		1 ea.
 <b>Pepperidge Farm® Goldfish® Made with Whole Grain Colors</b> , 0.75 ounce(s)		1 ea.
mandarin oranges in light syrup		1/2 cups
low fat (1%) milk		1/2 pt.
apple juice	4 oz.	

### INSTRUCTIONS

1. Prepare vegetables. Portion 3/8 cup pepper strips and 1/4 cup celery sticks into a cup container.
2. In cardboard serving container, add hummus cups, vegetables, mandarin oranges and juice. Serve with milk and **Pepperidge Farm® Goldfish® Made with Whole Grain Pretzel** and **Pepperidge Farm® Goldfish® Made with Whole Grain Colors**. Serve immediately.

**CCP: Hold for cold service at 41°F until needed.**