



# FESTIVITIES

Theme Day Recipes & More

## INDEPENDENCE DAY – 4<sup>TH</sup> OF JULY

Independence Day is the quintessential American holiday, when we celebrate the birth of our nation on July 4<sup>th</sup> 1776. It's a day of red, white and blue, picnics and of course, fireworks.

Bring the spirit of July 4<sup>th</sup> to your patients, staff and visitors with these festive recipes from Campbell Foodservice. Make it even more memorable by utilizing the materials and ideas presented in this thematic module.

**Happy 4<sup>th</sup> of July!**

### History/Fun Facts:

- ★ While the Declaration of Independence was adopted on July 4, 1776, it was not read publicly until July 8.
- ★ The names of the signers of the Declaration of Independence were withheld from the public for over 6 months, over fear of arrest for treason.
- ★ On July 4, 1776, King George III of England wrote the following in his diary: “Nothing of importance happened today”.
- ★ John Adams and Thomas Jefferson both died in 1826 on the 50th anniversary of the Declaration. James Monroe died on July 4, 1831.
- ★ Eleven localities in America have “independence” in their names. Independence, MO is the largest.
- ★ The cornerstone of the Washington Monument was laid on July 4, 1898. The Statue of Liberty (Lady Liberty) holds a book upon which is written “July 4, 1776”.
- ★ On July 4, 1960, the 50<sup>th</sup> star was added to the American Flag after Hawaii achieved statehood.
- ★ America’s birthday is also celebrated in Denmark, Norway and Sweden. In Denmark, the celebration of friendship between the United States and Denmark is known as ‘Rebildfest’.
- ★ Benjamin Franklin's favorite foods included apples & cranberries; George Washington's were fish and ice cream; and Thomas Jefferson savored pancakes and ice cream.
- ★ July 4 birthdays: Ann Landers & Abigail Van Buren (columnists), George Steinbrenner, Neil Simon, Calvin Coolidge, Louis B. Mayer (movie mogul)

*We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.*

*~ The Declaration of Independence*

## ***Campbell's Thematic Materials on this CD:***

Recipes and nutrition information  
Tray card messages and templates  
American flag trayliner art

Thematic word search game sheet  
Clip art

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## **Decorating Ideas:**

- ★ American flags, stars, pinwheels, red/white/blue napkins, etc.
  - ★ American Flag placemats/tray liners (art enclosed)
  - ★ US Flag toothpicks in sandwiches or cakes
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## **Activity/Celebration Ideas and Music Suggestions:**

- ★ Pass out copies of the Declaration of Independence
  - ★ "God Bless the USA" - Lee Greenwood, "The Star-Spangled Banner", patriotic music, brass band music
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## **Employee Uniform Accessory Ideas:**

"Uncle Sam" hat, flag or 5-point star pin

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## **Famous Quotations:**

"Those who would give up essential liberty to purchase a little temporary safety deserve neither liberty or safety."

– Benjamin Franklin

"The will of the people is the only legitimate foundation of any government, and to protect its free expression should be our first object."

– Thomas Jefferson

"And so, my fellow Americans: ask not what your country can do for you - ask what you can do for your country."

– John F. Kennedy

"Injustice anywhere is a threat to justice everywhere."

– Martin Luther King, Jr.

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## **Raffle Ideas:**

- ★ Develop an American history trivia quiz (ex, In what city is the Liberty Bell located?).
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## **Web References:**

<http://www.history.com/minisites/fourthofjuly/>



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## Word Search

N N L X D E G S V W J S E K R  
V O U I B E S A A A F T D B E  
H G S B B E C S L R X R A E V  
S T A R R E H L E F S I R L O  
J N R G E I R E A R K P A L L  
D U N U N F D T A R J E P S U  
D O L G O O F T Y Q A S Q E T  
R C T Y M F S E W H I T E I I  
T O I R T A P J J U B B I N O  
N I N D E P E N D E N C E O N  
E U L B A M E R I C A P H L N  
H I V K R K B P U L I A E O K  
F D Q W R O I Z U F Q S D C D  
S P M E C J S W O H E X E S R  
X M X K Y D S K R O W E R I F

AMERICA

BAND

BELL

BLUE

COLONIES

CONGRESS

DECLARATION

FIREWORKS

FLAG

FOURTH

FREEDOM

INDEPENDENCE

JEFFERSON

JULY

LIBERTY

PARADE

PATRIOT

RED

REVOLUTION

STARS

STRIPES

WASHINGTON

WHITE