



FESTIVITIES

Theme Day Recipes & More

ST. PATRICK'S DAY

St. Patrick's Day is a cheerful holiday celebrating the culture and people of Ireland. On St. Patrick's Day, everyone is a little bit Irish!

Bring the spirit of St. Patrick's Day to your patients, staff and visitors with these festive recipes from Campbell Foodservice. Make it even more memorable by utilizing the materials and ideas presented in this thematic module.

History/Fun Facts:

- ☘ St. Patrick became a Christian missionary to Ireland after being held captive there in his youth and dreaming of converting all the Irish people to Christianity.
- ☘ Legend has it that St. Patrick drove all the snakes out of Ireland. However, there never were any snakes in Ireland, and the story symbolizes Christianity driving out the pagan religions.
- ☘ The holiday is celebrated on March 17th because that is the date that St. Patrick is believed to have died.
- ☘ The Irish Potato Famine (also known as the Great Hunger, or An Gorta Mor in Gaelic), began in 1845 due to a blight on the country's potato crops.
- ☘ The Claddagh symbolizes friendship (hands), loyalty (crown), and love (heart). Wearing the ring with the heart turned inward traditionally means the person is spoken for; turned outward means they are not.
- ☘ The shamrock was sacred to the ancient Druids, because its 3 leaves formed a triad.
- ☘ The Irish Free State, comprising four-fifths of Ireland, was declared on December 6, 1921.
- ☘ People born on March 17: Mia Hamm, Rob Lowe, Gary Sinise, Kurt Russell, Nat "King" Cole

Campbell's Thematic Materials on this CD:

Recipes and nutrition information
Tray card messages and templates

Thematic word search game sheet
Clip art

Decorating Ideas:

- ☘ Shamrock cutouts/garland; leprechaun cutouts

Activity/Celebration Ideas and Music Suggestions:

- ☘ Use green food dye in a food or drink item
 - ☘ Irish music, The Chieftans, Enya, The Corrs, “When Irish Eyes are Smiling” – Bing Crosby, “Danny Boy”
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Employee Uniform Accessory Ideas:

- ☘ Green top hat
 - ☘ Any green clothing/accessories
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Famous Quotations:

Irish Proverbs:

Trouble hates nothing as much as a smile.

You will never plough a field if you only turn it over in your mind.

May you never forget what is worth remembering, nor ever remember what is best forgotten.

The best looking-glass is the eyes of a friend.

Web References:

<http://www.history.com/minisites/stpatricsday/>

<http://islandireland.com/index.html>



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Word Search

O P A U D H S K R D T H C L G X J R A M
F R N M T O C S A H P M A Q Z R U I A D
U R M W P O N E E R G I I W G W L I R S
Z Z S Q R P F N N J B A D H A H H R G C
O F I M M O O B Z P I J B F Z E Q E X C
T M A T Q F H T I E V U Y D H C K L X B
T H X O D X L V A S Z X U L H D E A H W
S C L A D D A G H T H U P O S C Q N L V
Z J Q B T T T I U U O V Z G H Z R D E B
N U A H C E R P E L Y E U F V G Z A Q J
S V V Z O O I W Z Z W U S O R Y M W M Z
N Z Q D B Y M U U U K B S T F H I Y Q A
L U Q M E W E Z K C V C G O D M D Z I W
H T L T H C B W T X W U I P Z F E K X J
W Z K N L Y R W W V F V L R B B T K E T
Y K V O I X L D K W M N Z L T F H Y S W
B R V O M A T B J N A H V B B A J Z J S
T E F X U Q I I I W N N T U E Q P Q R A
R O J E W O H Z X C A C Z A B U Q T Y P
J R Y P T S I B R H X S T Y H U F U S N

CLADDAGH

IRELAND

POTATOES

ST PATRICK

CLOVER

LEPRECHAUN

POT OF GOLD

GREEN

MARCH

SHAMROCK